



Dr. Purnima Nadkarni

Background

Dr Purnima Nadkarni was born at Mumbai in a middle-class family. Father Mr. Vasantkumar Heranjal was a bank clerk. 4 children, only one boy hence childhood went **with boy preference environment**. She was determined from childhood to make her family understand a girl can achieve what a boy can & there should never be a differentiation between a girl & a boy. Since school days achieved many prizes in sports, elocutions & studies & stood **first in S.S.C board in Mumbai getting 86.4%**. After entering M.B.B.S in Seth G.S. Medical College Dr. Purnima **stood first in 1st MBBS, 2nd MBBS**. After final MBBS she took Gynecology & **stood first in DGO, 2nd in MD**. Married to Dr. Kishore Nadkarni **leaving the lucrative practice of Mumbai came to Killa Pardi, a small town of South Gujarat**, population of 15,000 only & started 18 bedded Nadkarni Hospital to serve the rural population of India. Only aim of her was to give the best possible medical treatment to the poorest of poor to their door step. Today it is 50 bedded multi specialty hospital serving tribal population of Gujarat, Maharashtra & South Gujarat.

With her green fingers & touch infertile patients started getting pregnant, she had worked with Dr. Indira Hinduja in her college days in In vitro fertilization reproductive biology. Hence she went to U.K., USA took training in IVF (In vitro fertilization) from Kings Conception Unit, London & New England Medical Center in Boston. In 1995, Dr. Purnima started first ever **RURAL IVF center called Nadkarni's Assisted Conception**

Unit which is now called as Nadkarni Hospital & Test Tube Baby Center, which has given more than 3000 babies to the rural & urban population of Gujarat, India & NRIs by Assisted Reproductive Technologies. At the turn of millennium, the couple started their **Millennium dream hospital called 21st Century Hospitals Pvt Ltd**, in the neighboring town of Vapi, a 50 bedded multi speciality hospital to serve the population of **Industrial town of Vapi, Dadara Nagar Haveli & Daman** which serves patients 24 hrs & must have saved thousands of them & also gave children to childless couples.

In May 2007, **Dr. Purnima started 21st Century Hospital & Test Tube Baby Center at Silk City of Surat**, which is serving the urban population of Surat, already given more than 1000 IVF babies, 100 babies to women with ovarian failure & menopause, 25 surrogacy babies.

Special achievements

- Director of 3 multi specialty 50 bedded hospitals called Nadkarni Hospital & Test Tube Baby Center, Killa Pardi, 21st Century Hospital Pvt. Ltd-Vapi & 21st Century Hospital & Test Tube Baby Center-Surat.
- Dr. Purnima has made **4 times World record** by giving baby to impossible women, 2 women Swayer's syndrome (46 XY) & Testicular feminization making name in media. Also in Jan 2010, a married girl without uterus Meyer Rokitanski Kuster Hauser Syndrome-her 3 embryos were prepared & implanted in her mother who conceived with triplets making world record. A mother became surrogate to her daughter & delivered full term twin Boys for her daughter.
- Also on **11-11-11, she delivered 11 mothers who conceived with IVF treatment giving 13 babies creating world record.**
- Also on **12-12-12, she delivered 12 IVF babies from 9 mothers who conceived with IVF treatment creating world record.**
- **Founder President of Vapi Obstetric & Gynec Society** which has more than 60 members doing continuous medical education, seminars, and live workshops to keep local doctors well informed.
- Lion in Lions club of Valsad-Tithal Road since last 13 years, done a lot of Lionistic activities in rural set up including lectures on Drug Awareness, Adolescent Gynecology, HIV & AIDs, Cancer Awareness, Go green, Environmental Conservation , Sex Education etc.

- Trained more than 500 gynecologists from India & abroad in her field of Infertility since last 10 years.
- In May 2012, Dr. Kishore & Dr. Purnima trained 45 Gynecologists from Iraq, in Cyprus on the subject of ART (Assisted Reproductive Technology) as A Brand Ambassador of India for L.G. Life Science Company's Middle East Division.
- Gave corporate training to all high order managers in J. & J Company & Alkem Company recently making name in corporate world.
- Conducted 3 International & 4 National conferences since 2000 at a small place called Killa Pardi, Vapi & Surat putting Killa Pardi on World map. Many International & National famous doctors & actors have visited her place in Killa Pardi.
- As a West representative of FOGSI (Federation of Gynecologists & Obstetricians of India) conducted more than 25 live workshops last year in Surat, Bharuch, Baroda, Mehsana, Palanpur, Ahmedabad, Indore, Jaipur, Nasik, Kolhapur, Goa, Hubli, Bangalore, Kochi, Chennai etc.
- Has been honored Fellowship by Indian College of Obs & Gynec.
- Conducted "Miracle Babies Meet in 2010" which was attended by 300 IVF babies in Surat.
- Started a Menopause Club for women of Vapi in 2005 for preventive health of old age women.

Dr. Purnima as a Family Woman

In spite of being a high achiever professional, Dr. Purnima is **an ideal wife** to her surgeon husband & **ideal mother**. Her children too are high achievers. Pooja stood first in CBSC board of India in 12th std. getting president's medal & now a **Gynecologist** running successfully IVF center of Surat. Dr Aksahy, 2nd son stood first in Biology subject in CBSC board, received president's medal & now a **Cancer Surgeon** serving rural patients of cancer with them. **Vaibhav 3rd son** too is high achiever & now completed MBBS in Ahmedabad.

Dr. Purnima as a Social Worker

Dr. Purnima is a **social worker** since last 25 years. Given more than **100 lectures to different colleges** & schools of entire South Gujarat &

Maharashtra on Sex Education, Drug Awareness, Anti Tobacco, Cancer Prevention, Adolescents & their problems, women's empowerment. She has been giving lectures to village women from Kaprada, Umarsadi, Kolak, Daman, Dadra Nagar Haveli tribal area as well as all the companies, factories & different women's clubs, Lions Club, Lioness Clubs & Rotary, J.Cs on Health, Cancers, Menopause, problems of women above 35. She is involved in **free Family Planning Camps, Health Check Up Camps, Cancer Detection Camps, Beti Bachavo- Save The Girl Child Active Movements & Women's Empowerment.** She is actively involved in Government's programs of save the girl child & women's empowerment.

Attached to NGO "Drishti-Surat", which take care of HIV children's drug, food and treatment.

Started building 'toilet blocks' for girl children and join Clean India Campaign of P.M. Narendra Modi.

Donating to different IMA association and imparting knowledge in different medical subjects.

Joining NGO "Suraksha Foundation" who organized many educational programs and prevention of rape training for girls of Vapi.

HONORS

1. Received "Naari Shakti award from Lions Club of Vapi- Udyognagar in 2002.
2. Received **Best Consultant of Gujarat**, Shobhanaben Shah trophy from Gujarat Medical Association in 2007.
3. Received a trophy & certificate for her work on women's empowerment by **Gujarat Chief Minister Narendra Modi in 2007** at Umbergoan.
4. **Jai Narayan Vyas**, Health Minister felicitated her for her social work & professional achievement in Surat-Silk City with "**Naari Netrutva**" award in 2008.
5. **Divya Bhaskar** selected her as a **POWER 100 people** of Gujarat in 2011, she was the only professional from Vapi.

6. Divya Bhaskar felicitated her On 24th of July as a "**Flag Bearer of Vapi for her extraordinary work in the field of infertility** & social work.
7. Received **Rajiv Gandhi Gold Medal Award** for her "Individual Achievements & National Development" work in South Gujarat from GEPR (Global Economic & Research Association) in 2013.
8. Received **Indira Gandhi Sadbhavna Award** from National Integration & Economic Council, New Delhi in November 2013.
9. On 8th March on "International Women's Day" she was felicitated by JCI, Vapi for being an extra ordinary woman.

ARTICLE PUBLISHED

1. Office hysteroscopy prior to ART cycle-analysis and outcome at a private IVF clinic setup in Surat, Gujarat, India, International Journal of Reproduction, Contraception, Obstetrics and Gynecology, Vol 6, No 2(2017): February 2017.
2. A comparative study of pregnancy outcome of sequential versus day 3 versus only blastocyst (day 6) transfer at a single IVF center over one year, International Journal of Reproduction, Contraception, Obstetrics and Gynecology, Vol 4, No 6 (2015): November-December 2015.
3. A comparative study between agonist and antagonist protocol for ovarian stimulation in art cycles at a rural set up in South Gujarat, International Journal of Reproduction, Contraception, Obstetrics and Gynecology, Vol 4, No 3 (2015): May-June 2015.
4. Triple X syndrome: a rare case entity with premature ovarian failure, recurrent abortion and secondary infertility, International Journal of Reproduction, Contraception, Obstetrics and Gynecology, Vol 5, No 5 (2016): May 2016.
5. Triple X syndrome: a rare case entity with premature ovarian failure, recurrent abortion and secondary infertility, International Journal of Reproduction, Contraception, Obstetrics and Gynecology, Vol 5, No 5 (2016): May 2016.
6. Where is the best site for embryo transfer? A study of relation of embryo-fundal distance with pregnancy rate in ICSI-ET cycle, International Journal of Reproduction, Contraception, Obstetrics and Gynecology, Vol 5, No 8 (2016): August 2016.

7. Role of interpregnancy cervical encerclage in case of intrauterine insemination pregnancy, *International Journal of Reproduction, Contraception, Obstetrics and Gynecology*, Vol 5, No 5 (2016): May 2016.
8. Unusual clinical presentation of rare case of vaginal leiomyoma: a case report, *International Journal of Reproduction, Contraception, Obstetrics and Gynecology*, Vol 5, No 6 (2016): June 2016.
9. Successful pregnancy outcome in a case of Swyer Syndrome with hypertension and morbid obesity, *International Journal of Reproduction, Contraception, Obstetrics and Gynecology*, Vol 5, No 6(2016): June 2016.
10. Double trouble: a rare case of bilateral ectopic pregnancy following intracytoplasmic sperm injection, *International Journal of Reproduction, Contraception, Obstetrics and Gynecology*, Vol 5, No 5 (2016): May 2016.
11. Rare case of intracytoplasmic sperm injection - embryo transfer twin pregnancy in a patient with unicornuate uterus, *International Journal of Reproduction, Contraception, Obstetrics and Gynecology*, Vol 5, No 8 (2016): August 2016.
12. A rare case of successful reproductive outcome after IVF following endometrioma resection in a patient of arcuate uterine anomaly and urinary bladder wall endometrioma in women with primary infertility, *International Journal of Reproduction, Contraception, Obstetrics and Gynecology*, Vol 5, No 12 (2016): December 2016.
13. Knowing a cross-talk between embryo and endometrium can help to achieve successful pregnancy outcome in recurrent implantation failure, *International Journal of Reproduction, Contraception, Obstetrics and Gynecology*, Vol 6, No 2 (2017): February 2017.